

# AWARE TEAM

Quick Guide for Disruptive Classroom Behavioral Intervention

# WHAT IS DISRUPTIVE BEHAVIOR?

A student is considered disruptive when they engage in behaviors that interfere in a significant way with normal teaching or administrative duties. Disruptive behavior comes in many forms and this guide serves as a quick reference for intervention. If you are unsure about what to do, or uncomfortable dealing with problematic behavior, please contact the Vice Chancellor of Student Advocacy (765-289-2291, ext. 1214) for advice. The AWARE Team meets regularly to discuss and plan appropriate responses to potential student behavioral issues.

## **EXAMPLES OF DISRUPTIVE BEHAVIOR**

Behavior that distracts the class Refusal to comply with faculty or staff direction Actions that intimidate others Loud and/or erratic behavior

Threats of physical assault Comments that are offensive in nature (racist, homophobic, etc.)

## **IDENTIFY LEVEL OF CONCERN:**

Level of concern:	Action Steps	
Level of concern: Low: A situation that can be handled informally between you and the student, leading to prompt resolution (i.e., disrespectful tone, inappropriate language, etc.)	*Action Steps *Ask the student to stay after class to address the situation. Be respectful, clearly state the behavior, and define how the student should conduct themselves. *Provide the student with support resources. *This would be considered classroom management. However, it is good to complete an incident report for	
	worrisome, concerning behavior so that if a pattern develops, we already have information to work with. Make sure to state in the report the situation was handled this is for information only.	
<b>Moderate:</b> This would be an ongoing problem, or a more serious incident in the classroom/office area (i.e. challenge of authority, verbal confrontation, persistent refusal to adhere to classroom policies, etc.)	*After class converse with the student about behavior and how they should conduct themselves. *Provide the student with support resources. *Submit an Incident Report depending on the offense please select either: Worrisome behavior or personal. Misconduct. The AWARE Tteam will sort out the details and how to proceed.	
<b>Heightened:</b> This is where immediate danger of some kind is happening (i.e. threats of violence), or persistent disruptive behavior despite prior intervention (i.e. violating an established behavioral agreement)	*If there is immediate danger, contact Security for assistance. (send someone from your classroom for help or have someone call (765)289-2291 ext. 1402.) *Submit an Incident Report for Personal Misconduct. (after the area is safe) *Provide any documentation and a detailed written statement within your Incident Report.	

#### **DEALING WITH A DISRUPTIVE STUDENT:**

Disruptive behavior should not be ignored. Remain calm. Remind yourself that it is not about you; it is about the situation. Tell the student that such behaviors are not appropriate for the learning environment and there are consequences for falling to improve their behaviors. Many disruptive situations involve anger or distress. Recognize that the period of peak anger usually lasts 20-30 seconds, wait it out.

INDICATORS:		
ACADEMIC DISTRESS:	BEHAVIORAL/EMOTIONAL DISTRESS:	PHYSICAL DISTRESS:
Extreme disorganization or	Angry or hostile outbursts, yelling, or	Deterioration in physical
erratic performance	aggressive comments	appearance or personal hygiene
Written expression of violence,	Repeated absences from class or more	Excessive fatigue, exhaustion,
morbidity, despair, suicide, or death	withdrawn or animated than usual when in attendance	falling asleep in class
Patterns of perfectionism	Expressions of hopelessness or	Visible changes in weight,
	worthlessness, crying or tearfulness	noticeable cuts, bruises, or burr or frequent chronic illness
Overblown or disproportionate response to grades or evaluations	Excessively demanding or dependent behavior	Disorganized speech, rapid or slurred speech, confusion
THE DO'S:		
Use active listening through the anger	Set limits and explain clearly and directly what behaviors are acceptable	Focus on what you can do to help resolve the situation
Acknowledge the feelings of the student	Be firm, steady, consistent, and honest	Make personal referrals to resources.
Allows the student to vent.	Know your limitations.	Report behavior on an incident report.
Use silence to allow the student space to talk it out		
THE DON'Ts:		
Interrupt while student is sharing.	Get into an argument or shouting match.	Touch the student.
Minimize the situation.	Blame, ridicule, or use sarcasm.	Ignore warning signs that the student's emotions are escalating

#### TAKE IMMEDIATE ACTION IF THE STUDENT:

Call security at 765-289-2291 ext. 4201 if the student threatens to injure, harm, kill or risk the safety of self or others. If they act in a frightening or threatening manner. If the student reports or initiates a threat or bomb scare.